

RIPPLES FROM THE HARBOR



MAY 2013

Your Monthly Newsletter from
Cold Spring Harbor Junior/Senior High School

COMMUNITY ORGANIZATIONS

ARTS BOOSTER CLUB

Upcoming Events in May!

K-12 Art Show -- Friday, May 3rd at 6PM in PAC Lobby

High School Fashion & Film, ROCK THE RUNWAY -- Friday, May 3rd at 7PM in the PAC. View student movies, and watch our students model student-designed fashions all to some rockin' tunes!

Jr. High Spring Concert & Art Show -- Wednesday, May 8th at 7PM in the PAC

COFFEEHOUSE JAM -- Friday, May 10th at 7PM Outdoors (weather permitting). Come watch our students share their love of music THEIR way!

NYSSMA Festival (Levels 5, 6) & All-State Classical Auditions -- Friday and Saturday, May 10th and 11th at Syosset High School

Arts Booster Club Meeting -- Friday, May 17th in the HS Conference Room at 10AM.

GROK Night -- Wednesday, May 22nd in the Senior Commons at 7PM

Arts Booster Club Senior Arts Recognition Dinner -- at the Harbor Mist Restaurant, Main Street, CSH at 7PM. Senior students of the Arts are welcomed as our guests. Watch for your EVITE!! Family members are welcome-additional charge

The Arts Booster Club is in the process of putting together our slate for next year. If you are interested in becoming a part of our team, we welcome you! There are opportunities to work on events that do not require a year long commitment. Please call one of us to find out more. We love to talk about what we are passionate about--supporting our students in the Arts!! It's all about the kids!

Laura Riffaud, President 631.547.4841

Pat Guida May, Director 516.413.5167

Terry Sajewski, Director 631.547.8047

Janet LaGarenne, Director 631.425.4926

LITTLE APPLE FUN RUN

- The 19th Annual LHS Little Apple Fun Run is on Sunday, May 5, 2013.
- Get exercise and enjoy spending time with your family and friends while you help raise money to support our school. The 1 mile fun run begins at 9:30 am and the 5K begins at 10:30 am. You will be able to register soon at LHSPTG.org or active.com. Physical registration forms will go out in LHS, WSS and GHS student's backpacks and be placed throughout CSH HS and around Huntington and Cold Spring Harbor businesses.
- If you are interested in volunteering to help or interested in sponsoring the race at any monetary level, please contact Terri Coyle at (631) 659-3253 or pnpterry@gmail.com. All sponsors will receive recognition in our 2012 race flyer. Business sponsors at \$200 or more will be recognized on the back of the race t-shirt. Please provide Terri Coyle with your business card or artwork as soon as possible, if you are interested in being on the back of the t-shirt.
- We are looking forward to this wonderful event and hope that you will join us!

CULTURAL ARTS COMMITTEE (CAC)

- The Cultural Arts Committee had a tremendous year in spite of Hurricane Sandy! Some of our new programs included The Civil War Regiment, Art historian Howard Nepo, Cliff Mendelson's Day in Clay, and Holocaust survivor Irving Roth. We hope to have these and other wonderful programs for next year.
- Thank you once again for your generous support of the annual Literary Luncheon, proceeds of which make possible these and other programs that enhance our children's learning and creativity.
- All are welcome to attend our next meeting on Thursday, May 16th @ 9:30 at the Lloyd Harbor Elementary School. Come help plan workshops for next year and be a part of this dynamic committee!

SEAHAWKS BOOSTER CLUB

(PLEASE SEE ATTACHED FLYER)

The Seahawks Booster Club is pleased to announce that we are raising funds to build a walkway from the high school parking area to Seahawk Field. This will allow fans and athletes alike to walk comfortably and safely from the high school parking area to the lower turf field - eliminating the need to walk along the roadway or on the existing dirt path.

The new walkway will be approximately nine feet wide, with a center asphalt walking surface bordered by inlaid bricks. To assist us in funding this effort, we are offering the opportunity to the Seahawk community to engrave these bricks to commemorate their support of Cold Spring Harbor High School, its students, faculty and athletic programs.

This is a family and community effort. We want to include as many students, families, friends, neighbors and local businesses as possible. Please consider purchasing a brick in honor of a new graduate, a favorite teacher or alumni, a special event, or in your family name. Our first phase is expected to be installed over the summer, so the first bricks must be purchased by June 15th!

To purchase your personally engraved brick, please visit the Seahawks Booster Club website at www.cshathletics.com.

DISTRICT NEWS

- Board of Education Meeting –Tues., May 14, 2013 at 8:00 PM, Location -TBD.

SCHOOL NEWS

•**CONGRATULATIONS** to the Jr. High Mock Trial Club on their performance at the tournament at Dowling College. Cold Spring Harbor's team was victorious against Syosset and Patchogue-Medford. Mr. Cootner is very proud of his club members!

•**ATTENTION ATHLETES:** All athletes are required to have a current physical on file in order to participate in sports. The school doctor will be in the Health Office on Monday, June 3rd at 7:45 am. The physical will be valid for the entire 2013-2014 school year, including summer training programs. All students are encouraged to attend. If you have any questions, please see Ms. Pendel or call 631-367-6904.



BUY A BRICK PROGRAM

We are raising money to help pay for a walkway to Seahawk Field which will allow fans and athletes alike to walk comfortably and safely from the high school parking area to the lower turf field – eliminating the need to walk along the roadway or on the existing dirt path. The bricks you engrave will border the walkway. Bricks are available in 2 sizes: 4”x8” (\$100) and 8”x8” (\$190). Engraving will be in all capital letters. You can also order online at our Bricks-R-Us webpage: www.bricksrus.com/order/cshseahawks . Thank you for your support!

Yes, we'd like to reserve a permanent brick. Please engrave our brick as follows:

ANY SYMBOL IS CONSIDERED ONE SPACE (PERIOD, COMMA, DASH)
ALL TEXT IS CENTERED (VERTICALLY & HORIZONTALLY) UNLESS OTHERWISE NOTED

4 x 8 Brick - \$100.00

8 x 8 Brick - \$190.00

EXAMPLE

T	H	E		S	M	I	T	H		F	A	M	I	L	Y				
-	G	O		S	E	A	H	A	W	K	S	-							

PLEASE RETURN THIS FORM AND YOUR CHECK PAYABLE TO:
SEAHAWKS BOOSTER CLUB
 c/o Greg Campbell, 31 Fort Hill Drive
 Lloyd Harbor, NY 11743

Name: _____ Phone: (_____) _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Email Address: _____ Amount Paid: _____

COLD SPRING HARBOR SCHOOLS
COLD SPRING HARBOR JR. /SR. HIGH SCHOOL
Office of the Director of Physical Education and Athletics

MAY 2013

VARSITY SOFTBALL: HAVING A GREAT SEASON. Coach Cacioppo and his squad looking great on the field and in their new softball uniforms. They sure are fun to watch. They are exciting to watch. Very proud of these young ladies. See attached playoff schedule. We must beat East Rockaway at East Rockaway on May 6th and if we do we must meet the tie breaker criteria since we lost to East Rockaway at home in our first go around. Soph., Olivia Taglich doing a great job on the mound as is Shannon O'Neill at 2nd base. Sr., Kristen Ambrosino at Shortstop, Jr. Tori Campbell at first base doing a great job, and Jr. Juliana Watson in left field and Sr. Michele Roy in centerfield doing a great job. Behind the plate holding court Sabina Odierno doing a great job. Standings as of this date: Standings

[League II Conference Nassau League II-IV](#)

Team	Conf			Overall		
	W	L	T	W	L	T
<u>East Rockaway</u>	10	0	0	13	2	0
<u>Cold Spring Harbor</u>	9	1	0	11	2	0
<u>Valley Stream South</u>	6	5	0	7	6	0
<u>Sewanhaka</u>	5	5	0	5	8	0
<u>Manhasset</u>	3	7	0	4	8	0
<u>West Hempstead</u>	2	9	0	2	10	0
<u>Wheatley</u>	1	9	0	1	12	0

Upcoming games

5/2	at <u>Wheatley</u> ()	4:15 pm
5/6	at <u>East Rockaway</u> (RHAME AVE.)	4:15 pm

Softball - Class B

SEMIFINAL

FINAL

(Rain date: May 16, 18, 19)

(Rain dates: May 22, 24, 25)

SEMIFINAL

(Best 2 of 3)

Tues., May 14

Wed., May 15

Fri., May 17

(@ HS)

4:00 p.m.

FINAL

(Best 2 of 3)

Mon., May 20

Tues., May 21

Thurs., May 23

Mitchel Athletic Complex

4:00 p.m.

CLASS A CHAMPIONS

SEMIFINAL

(Best 2 of 3)

Tues., May 14

Wed., May 15

Fri., May 17

(@ HS)

4:00 p.m.

VARSITY BASEBALL: Baseball up and down but fighting hard for playoff spot in Class "C" playoffs. Currently team as of this date is: 7-5 in league play and 7-8-0 in overall play. Upcoming games. Senior Josh Brown, Soph. Greg Suter, Colin O'Neill, John Walters leading the way. Team, Coach Greeney and Coach McGlynn working hard. Also see attached playoff schedule:

Standings

[Conference Nassau Conference BC-I](#)

Team	Conf			Overall		
	W	L	T	W	L	T
Locust Valley	12	1	0	13	2	0
Wheatley	7	6	0	7	8	0
Cold Spring Harbor	7	5	0	8	6	0
Malverne	0	12	0	0	14	0

5/2	at Malverne ()	4:30 pm
5/4	vs Locust Valley	9:30 am
5/6	at Locust Valley ()	4:15 pm
5/7	vs Locust Valley	4:30 pm

Baseball - Class B

FIRST ROUND

Saturday

May 11, 2013

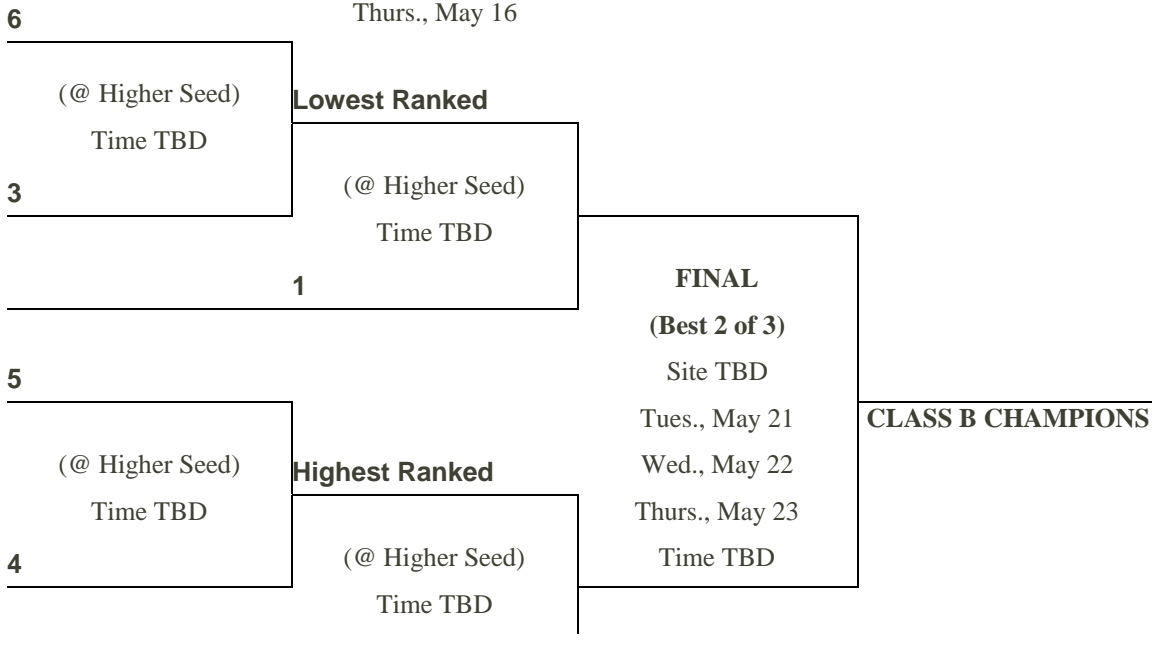
SEMIFINALS

(Best 2 of 3)

Mon., May 13

Tues., May 14

Thurs., May 16



VARSITY GIRLS LACROSSE: Girls team proving to be one of the best teams in Nassau County. Coach Skakandi and Coach Lopez and Coach Ceraso doing a great job with this year's team. They can play with anyone...Haley Crosson doing a great job in the net. Katherine Rueger, Courtney Burke, Jillian Lee providing senior leadership on the field and off the field. Sophs Holly Logan, Lindsay Willcocks, Tara Atkinson performing great. Freshman Samantha DeBellis and Ashley Lynch providing punch on offense. Atkinson at the midfield doing a great job. 8th grader Katie Kotowski is also a standout. Upcoming Schedule:

COLD SPRING HARBOR HIGH SCHOOL

Varsity LACROSSE GIRLS

05/01/2013 - 07/01/2013

Game	Day	Date	Time	Home	Visitor	Type	Facility
452089	Thu	05/02/13	04:45PM	COLD SPRING HARBOR HIGH SCHOOL	PORT WASHINGTON HS	L	
452059	Sat	05/04/13	02:30PM	GARDEN CITY HS	COLD SPRING HARBOR HIGH SCHOOL	L	
452095	Mon	05/06/13	04:15PM	LONG BEACH HS	COLD SPRING HARBOR HIGH SCHOOL	L	

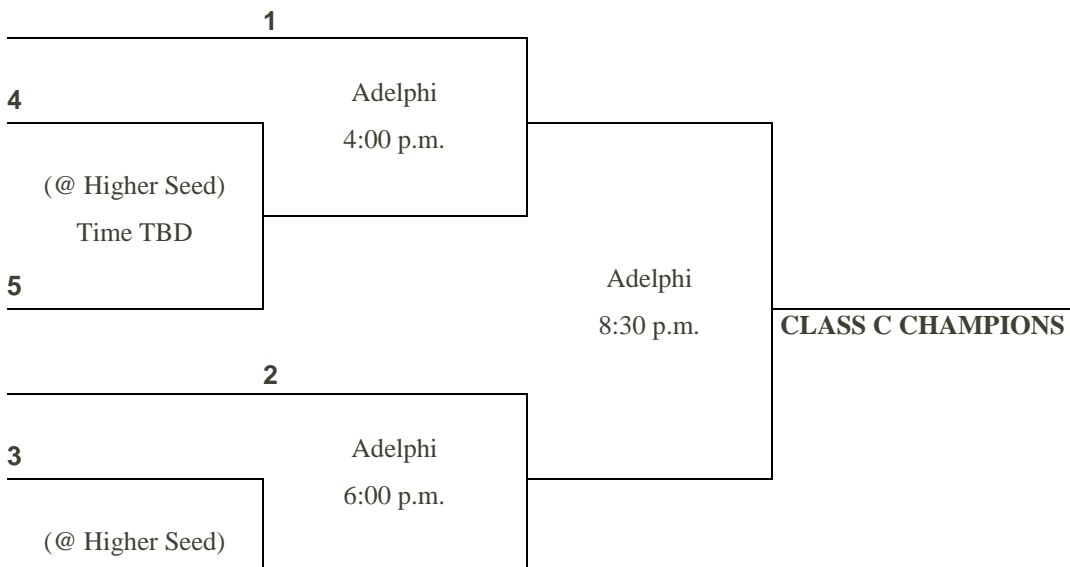


Playoff schedule attached:

Interscholastic Athletics

Girls Lacrosse - Class C

QUARTERFINAL	SEMIFINAL	FINAL
Wednesday	Tuesday	Wednesday
May 15, 2013	May 23, 2013	May 29, 2013



Nassau Girls Lax Top 10

Monday April 29, 2013 2:36 PM By Stephen Haynes



Photo credit: Patrick E. McCarthy | Farmingdale's Nadine Hadnagy (April 27, 2013)

1. Garden City (9-0)

2. Manhasset (8-2)

3. Farmingdale (8-1)

4. Wantagh (7-4)

5. Cold Spring Harbor (9-2)

6. Massapequa (5-4)

7. Long Beach (4-6)

8. Plainedge (5-5)

9. South Side (9-2)

10. Sacred Heart (5-7)

Boys Lacrosse: Varsity Boys Lacrosse continues on their winning ways. Coach Bonn and his staff doing another great job. Currently Seahawks are in first place headed to the number one seed. Seniors Allen Winkoff, Jake Gennosa, Ryan Tassan, Chris Roufanis lead the team along with Juniors Jordan Walter and Frank Stubbolo, Justin McBride. Ben Jay and Bobby Vavassis. / Ian Laviano as an 8th grader is contributing. **See attached Playoff schedule:**

452979	Wed	05/01/13	07:00PM	COLD SPRING HARBOR HIGH SCHOOL	LOCUST VALLEY HS	L	
452983	Sat	05/04/13	07:00PM	SEAFORD HS	COLD SPRING HARBOR HIGH SCHOOL	L	
452988	Wed	05/08/13	07:00PM	COLD SPRING HARBOR HIGH SCHOOL	FRIENDS ACADEMY	L	
452997	Fri	05/10/13	04:15PM	WEST HEMPSTEAD HS	COLD SPRING HARBOR HIGH SCHOOL	L	

[Conference Nassau Conference IV](#)



Con
f Overall

Team	W	L	T	W	L	T
Seaford	5	0	0	1	1	10
Friends Academy	4	0	0	9	1	10
Cold Spring Harbor	4	0	0	8	0	30
Mineola	3	2	0	6	0	50
Oyster Bay	2	2	0	6	0	50
Locust Valley	2	3	0	4	0	80
Clarke	1	4	0	2	0	90
West Hempstead	0	5	0	3	0	90
Island Trees	0	4	0	2	0	90

Boys Lacrosse - Class C



COLD SPRING HARBOR SOPHOMORE VERBALS TO NOTRE DAME

Jordan Walter has become the latest tri-state sophomore to commit to a major Division I program.

The Cold Spring Harbor (N.Y.) dodging midfielder has decided on Notre Dame.

"After a lot of thought, I decided on Notre Dame because I wanted both a great academic school and a school where I felt I could fit right in and play for a great lacrosse program," Walter told LaxLessons.com.

A look at the colleges he considered, and a rundown of the 15 sophomore commitments from the tri-state area, is available in the [full LaxLessons.com story](#).

VARSITY BOYS TENNIS: Tennis team under new Coach Ben Marks working their magic. Senior Conor Dauer #1 Singles, Jrs. Connor Mullins and JP Paris are excelling as well. 9th grader Sean Mullins doing a great job. Special note: JP Paris our 3rd singles would be most schools #1 singles. Team looks forward to another County Championship and LI Championship.

VARSITY TRACK: Coach Aurigemma, Coach Franklin, and Coach Fraiberg doing a great job with our Varsity Track team: Night Hawk Invitational a huge success. Results in next edition of June Ripples.

VARSITY CREW: Next big Regatta is May 5th LI Championships at Center Island. NYS Championships at Saratoga, NY on May 11th and 12th; May 24th and 25th Scholastic Nationals @ Cherry Hill New Jersey...Results forthcoming in next edition of Ripples.
Good Luck Coach Mendreski and staff...

VARSITY GIRLS GOLF: Golf team competing. 8th grader Jennifer Rosenberg leading the way. More information in next Ripples.

TOURNAMENT INFORMATION:

BOYS LACROSSE - See brackets for Section VIII information

Long Island Championship

Sec. XI vs. Sec. VIII	Class B	June 1	1:00 p.m.	Stony Brook
Sec. XI vs. Sec. VIII	Class C		3:30 p.m.	
Sec. XI vs. Sec. VIII	Class A		6:00 p.m.	

NYSPHSAA Semi-Finals

Class B	June 5	3:30 p.m.
Class C		5:30 p.m.
Class A		8:00 p.m.

Marist College (Sec. I)

NYSPHSAA State Championship

Class B	June 8	11:00 a.m.
Class C		1:30 p.m.
Class A		4:00 p.m.

St. John Fisher
College,
Rochester

GIRLS LACROSSE - See brackets for Section VIII information

Long Island Championship

Sec. XI vs. Sec. VIII	Class A (\$6.00 admission)	June 2	1:00 p.m.	Adelphi
Sec. XI vs. Sec. VIII	Class B (\$6.00 admission)		3:30 p.m.	
Sec. XI vs. Sec. VIII	Class C (\$6.00 admission)		6:00 p.m.	

NYSPHSAA Championship

June 7-8
Time TBA

SUNY Cortland

SOFTBALL - See brackets for Section VIII information

Regionals

(Sections I, VIII, IX, XI)

Class C

June 3
Time TBA

St. Joseph's College

Regional Finals

Class B - Sec. XI vs. Sec. VIII

June 3
Time TBA

St. Joseph's College

Class A - Sec. XI vs. Sec. VIII

June 4
Time TBA

Mitchel Field

Class AA - Sec. XI vs. Sec. VIII

Time TBA

Southeast Regional B-C

June 5
Time TBA

TBA

NYSPHSAA Championships

June 8

Adirondack Sports
Complex,
Queensbury (Sec. II)

BASEBALL - See brackets for Section VIII Information

Regional Semi-finals

Sec. XI vs. Sec. VIII

Class B

4:00 p.m. (Date TBA) Hofstra

Sec. VIII vs. Sec. XI

Class C (\$6.00 admission)

4:00 p.m. (June 3) Farmingdale

Sec. XI vs. Sec. VIII

Class A

Time TBA (June 4) Farmingdale

NYSPHSAA Championship

TBD

Date TBD

TBD

Binghamton

BOYS/GIRLS TRACK AND FIELD

Section VIII Relays

Boys

Date TBA

Time TBA

TBA

Girls

Time TBA

Nassau Coaches Meet

B/G

Date TBA

Time TBA

TBA

Division Championships

B/G 1A

May 13

4:30 p.m.

Syosset

B/G 2A

4:30 p.m.

Long Beach

B/G 3A

4:30 p.m.

Hewlett

B/G 4A

4:30 p.m.

V.S. North

B/G 1B

May 14

4:30 p.m.

MacArthur

B/G 2B

4:30 p.m.

West Hempstead

B/G 3B

4:30 p.m.

North Shore

B/G 4B

6:00 p.m.

Cold Spring Harbor

Class County Championship	B/G	Date TBA Time TBA	TBA
Frosh/Soph Meet	Boys Girls	May 9-10 4:30 p.m. 4:30 p.m.	TBA
State Qualifier	B/G	Date TBA Time TBA	Mitchel
NYSPHSAA Championships	B/G	June 6-8 Time TBA	Middletown HS (Sec. IX)

BADMINTON Nassau County Individual Championships		May 10-11 Time TBA	Bellmore JFK
Nassau County Team Championships		May 23 Time TBA	Bellmore JFK TBA

BOYS TENNIS County Singles/Doubles Tournament L.I.Championship		Date TBA Time TBA	TBA
NYSPHSAA Championship		May 30, 31; June 1 Time TBA	National Tennis Ctr., Flushing

BOYS GOLF Long Island Team Championships		May 19 Time TBA	Bethpage
NYSPHSAA Championship		June 1-3	Cornell

GIRLS GOLF Long Island Championship Sec. VIII vs. Sec. XI		May 28 Time TBA	Bethpage
NYSPHSAA Championship		June 7-9	SUNY Delhi

2013-2014 ATHLETIC CALENDAR:

See attached document...

JHS SPRING COACHES SLATE/ SPORTSPAK LEGEND FOR SCHEDULES

8TH GRADE BOYS LACROSSE: COACH NICK WOLL/ COLD SPRING HAR 8 RED
7TH GRADE BOYS LACROSSE: COACH CONROY/ COLD SPRING HARB 7 WHITE
7/8 GRADE BOYS LACROSSE: COACH HAUNSS/CLDSPR JH BLUE
8TH GRADE GIRLS LACROSSE: THERESA MERCER/COLD SPRING HAR 8 RED
7TH GRADE GIRLS LACROSSE: EMILY WILDERMUTH/COLD SPRING HARB 7 WHITE
7/8 GRADE GIRLS LACROSSE: NICK FENGLER/COLD SPRING HAR GOLD
7/8 GRADE BOYS TENNIS: MICHELLE GAUFMAN/COLD SPRING HBR JHS
7/8 GRADE CO-ED TRACK: BEN ZUK/COLD SPRING HBR JHS
7TH/8TH GRADE SOFTBALL: CRAIG MARSHALL& MEREDITH MARTINO/COLD SPRING HAR 8 RED
7TH GRADE BASEBALL: RYAN TOWERS/ COLD SPRING HARB 7 WHITE
8TH GRADE BASEBALL: ANTHONY SERVIDIO/ COLD SPRING HAR 8 RED

Special Request:

- 1. CAN WE PLEASE NOT BRING YOUR DOG ONTO SCHOOL GROUNDS...NO DOGS ALLOWED!!!!**
- 2. CAN WE PLEASE NOT PARK IN HANDICAPPED PARKING SPOTS IF YOU DO NOT HAVE A HANDICAPPED STICKER...PLEASE..SHAME ON YOU IF YOU DO!!!!**
- 3. COLD SPRING HARBOR LACROSSE CLUB: PLEASE DO NOT INTERFERE WITH ATHLETIC EVENTS...especially Track Meets. We do have Grass Fields.**

"Don't let anyone steal your dream. It's your dream, not theirs." — Dan Zadra

RESPECTFULLY SUBMITTED, Jim Amen Jr.

And as always "It is the choices that make us who we are and we can always choose to do what is right"AND...

Section VIII Sports Seasons 2013-2014

Adopted: Sr. HS Athletic Council Meeting 3/21/13

Senior High School:

Fall:

Football – Monday, August 19, 2013 – Sunday, December 1, 2013
B/G Soccer – Monday, August 26, 2013 – Sunday, November 17, 2013
B/G Volleyball – Monday, August 26, 2013 – Sunday, November 17, 2013
Field Hockey – Monday, August 26, 2013 – Sunday, November 17, 2013
Cross Country - Monday, August 26, 2013 – Sunday, November 17, 2013
G Swimming/Diving – Monday, August 26, 2013 – Sunday, November 24, 2013
B Badminton – Monday, September 9, 2013 – Sunday, November 17, 2013
G Tennis – Monday, August 26, 2013 – Tuesday, November 5, 2013
Golf – Monday, August 26, 2013 – Sunday, November 17, 2013

Winter

B/G Fencing – Monday, November 18, 2013 – Sunday, February 16, 2014
Wrestling – Monday, November 18, 2013 – Sunday, March 2, 2014
B Swimming/Diving - Monday, November 18, 2013– Sunday, March 2, 2014
Gymnastics - Monday, November 18, 2013 – Sunday, March 2, 2014
B/G Winter Track - Monday, November 18, 2013 – Sunday, March 2, 2014
B/G Bowling - Monday, November 18, 2013 – Sunday, March 2, 2014
B/G Basketball – Monday, November 18, 2013 – Monday, March 24, 2014
Rifle – Monday, November 18, 2013 – Sunday, March 2, 2014

Spring:

B/G Lacrosse– Monday, March 3, 2014 – Sunday, June 8, 2014
Baseball - Monday, March 3, 2014 – Sunday, June 8, 2014
Softball - Monday, March 3, 2014 – Sunday, June 8, 2014
B/G Track - Monday, March 3, 2014 – Sunday, June 8, 2014
B Tennis - Monday, March 10, 2014 – Sunday, June 1, 2014
B/G Golf – Monday, March 17, 2014 – Sunday, June 8, 2014
G Badminton – Monday March 10, 2014 – Sunday, June 1, 2014

Modified Program:

Fall:

Monday, September 9, 2013 – Saturday, November 2, 2013 (39 school days + 7 Saturdays)

Winter I:

Wednesday, November 6, 2013 – Wednesday, January 15, 2014 (40 school days)

Winter II:

Tuesday, January 21, 2014 – Friday, March 21, 2014 (39 school days)

Make up dates: Monday, March 24, 2014 – Wednesday, March 26, 2014

Spring:

Monday, March 31, 2014 – Thursday, June 5, 2014 (41 days)

No contest or interschool scrimmage may be scheduled in Section VIII by a member school on the following dates:

Holy Days of Observance 2013-2014

*Thursday and Friday, September 5 and 6, 2013	Rosh Hashanah
*Saturday, September 14, 2013	Yom Kippur
Tuesday and Wednesday, December 24-25, 2013	Christmas Eve/Day
*Tuesday, April 15, 2014	First Day of Passover
Friday, April 18, 2014	Good Friday
Sunday, April 20, 2014	Easter Sunday

***Indicates that student-athletes must be able to be home by 6:00 PM on the day preceding this date.**

ACT DATES 2013-2014

September 21, 2013
October 26, 2013
December 14, 2013
February 8, 2014
April 12, 2014
June 14, 2014

Anticipated Testing Days 2013-14

Anticipated SAT Test Date

October 5, 2013
November 2, 2013
December 7, 2013
January 25, 2014
March 8, 2014
May 3, 2014
June 7, 2014

Anticipated Midterms and Regents January 2014

January 21-24, 2014.

Significant Days 2013-2014

Monday, September 2	Labor Day
Wednesday, September 11*	World Trade Center Memorial
Monday, October 14	Columbus Day
Tuesday, November 5	Election Day
Monday, November 11	Veterans Day
Thursday, November 28	Thanksgiving Day
Monday, January 20	Martin Luther King, Jr. Day
Monday, February 17	Presidents Day
Monday, May 26	Memorial Day

Labor Day may count as a **required** practice day to achieve the minimum practice days required prior to the start of scrimmages and contests for fall season sports.

*In recognition of those who perished on September 11, 2001 in the tragedy of the World Trade Center, it is recommended that each school playing on this day provide a moment of silence in memory and tribute.

Thanksgiving Day may **not** count as a **required** practice day to achieve the minimum practice days required prior to the start of scrimmages and contests for winter season sports.